

TOTAL KNOWLEDGE-BASED FOUNDATIONS

Foundation for Total Knowledge Based Health Care

The Vedic ideal of health is the state of enlightenment—a perfectly integrated state of mind, body and behavior; and an enriching, evolutionary relationship with the Cosmic Counterparts—the sun, moon, planets, and stars.—Maharishi

Prevention-oriented health care, free from harmful side effects, for ladies, mothers and children

INITIATIVES

- Develop degree programs in women's health for the new Maharishi College of Vedic Medicine for Women's Health, located in New Mexico.
- Offer one-day women's health seminars on general principles of women's health and Maharishi AyurVed through local centers.
- Provide Maharishi AyurVed Women's Health Certificate Program to nurses and health care professionals through Brandman University's online School of Nursing (CEU's and academic credit available)
 - · Ladies Health: Appropriate care through all stages of life
 - Mother/Baby Program: Pre-conception, pregnancy, labor & delivery, and the post-partum.
 - Pediatric Care: All the stages of physical, mental and emotional development from infant to young adult.
 - Prevention: An introduction and overview of all the principles of Maharishi Vedic Medicine.
 - Diet and Digestion: A complete overview and understanding of the practical application of the dietary principles of Maharishi Vedic Medicine.
 - MaharishiSelf-Pulse®: Theoretical understanding and practical application for practicing self-pulse. According to Maharishi, every mother should be able to monitor the pulses of all her family members to help maintain their balance and health.